

Active Adult Programs Monthly Planner













MONDAYS

Silver Sneakers "Classic"

9:15 AM at the Community Center

Ceramics - 2nd & 4th Monday of each month

10:00 AM at the Community Center

Watercolors and More Painting Group - 1st & 3rd Monday of each month

12:00 PM at the Community Center

Poetry Group - 2nd and 4th Monday of each month

1:30 PM at the Community Center

Ceramics - 2nd & 4th Monday of each month

3:00 - 5:00 PM at the Community Center

TUESDAYS *NO CLASS 11/8

Social Pinochle - Every Tuesday

9:00 AM at the Pool and Tennis Center

SHINE Medicare Personal Consultation - Every 1st and 3rd Tuesday

10:00 AM at the Community Center

Tech Tuesdays - Every Tuesday - Through 11/29

11:00 AM at the Community Center

WEDNESDAYS

Instructional Knitting - First Wednesday of every month 9:30 AM at the Community Center - RSVP is required

Knitting & Crocheting Group - every Wednesday 10:00 AM at the Community Center

Line Dancing - Every Wednesday 10:30 AM at the Community Center

Table Games - Every Wednesday 12:30 PM at the Community Center

Walking Club - Every Wednesday *NEW TIME 6:30 PM at Flamingo West Park

THURSDAYS *NO CLASS 11/24

Social Pinochle - Every Thursday

9:00 AM at the Pool and Tennis Center

Movie Matinee - Every Thursday

*NEW TIME 12:00 PM at the Community Center

Ageless Grace - Every Thursday

2:15 PM at the Community Center

Line Dancing - Every Thursday

3:00 PM at the Pool & Tennis Center

FRIDAYS *NO CLASS 11/11 & 11/25

Book Club - First Friday of each month 12:00 PM at the Community Center

*All programs scheduled excluding those on major holidays.

Times, dates and events are subject to change. For more information and registration, please call 954-434-4300, #255.



Active Adults Planner November 2022

STAY INFORMED

THIS MONTH!

- Aetna Fall Pumpkin Party
- FLOW
- Deck the Halls Flannel & Fall
- Enhanced Health Trivia Game Day

COMING SOON...

- Holiday Show/Trip
- Enhanced Health Lunch & Learn
- Holiday Karaoke
- Wrap it Up- gift Wrap Assistance
- Sweet Treats Swap

CITY SPECIAL EVENTS

- 11/11 11 AM Veteran's Day Celebration at Memorial Park
- 11/19 7 11 AM Garage Sale Flamingo West Park



Closed November 11



NOVEMBER 1

Tech Tuesday Session Resumes (through 11/29) No class 11/8 11:00 AM at the Community Center

NOVEMBER 3

BSO Senior Safety Series - Holiday Season Safety 11:00 AM at the Community Center - RSVP Required

NOVEMBER 7

Quilling and Crafting - 1st and 3rd Monday of the Month 11:00 AM at the Community Center

NOVEMBER 9

Devoted Health Benefit Seminar

10:30 AM at the Community center

NOVEMBER 10

Matter of Balance Series - RSVP Required

9:30 - 11:30 AM at the Community Center from 11/10 - 12/29

NOVEMBER 11

Veteran's Day (CLOSED) - No Programming

Thank you for your service!

NOVEMBER 14

Florida Senior Care Partners Open Enrollment Presentation 10:00 AM at the Community Center

NOVEMBER 14

Aetna Fall Pumpkin Party

12:00 - 2:00 PM at the Community Center

NOVEMBER 16

Food & Nutrition Program

12:00 PM at the Community Center

NOVEMBER 17

Devoted 2U

11:00 AM at the Community Center

NOVEMBER 18

Fall Luncheon & November Birthday Celebration, Art Display

RSVP Required

NOVEMBER 21

Deck the Halls with Flannel and Fall

NOVEMBER 24 & 25

Closed for Thanksgiving Holiday

NOVEMBER 28

Lunch Bunch - Cracker Barrel

Depart from the Community Center at 11:00 AM - RSVP Required

NOVEMBER 30

Enhanced Health Trivia Game Day

12:30 PM at the Community Center